



Glengarry Skating Club

Penticton, BC

Covid-19 Return-to-Play Guidelines

The Glengarry Skating Club (GSC) guideline to Covid-19 Return-to-Play are based on and follow all the requirements of the **Skate Canada BC/YK Return to Play for Figure Skating Guidelines & Skate Canada BC/YK Section CanSkate Program Requirements and Delivery Standards with Covid-19 Considerations** created in association with **viaSport**, and the **City of Penticton McLaren Arena Use Group COVID-19 Guidelines**. They have been created with the intention of following a required 2m physical distancing (off-ice) & recommended 2m physical distancing (on-ice) protocol at all times, and have been thought through with the idea of our specific facility, which is McLaren Park Arena, located on King Street in Penticton, BC, and is operated by the City of Penticton.

It is the intention of the GSC to return to our sport and facility in a manner which keeps our skaters, coaches, employees, contractors, parents, and facility operators safe.

Number of Users

We are currently limiting participants to the following numbers of people on the ice:

CanSkate & Star Academy sessions; 24 skaters & 5 coaches

StarSkate & CompetitiveSkate sessions; 20 skaters & 4 coaches

Spectators are now permitted in the building. All spectators must still wear a face mask while in the common areas of McLaren Park Arena.

This may change as we move forward. The GSC will follow all user guidelines as issued by Skate Canada BC/YK & the City of Penticton and update on an ongoing basis.

We will be using dressing rooms and the hallways to seat participants. We are planning to use all 4 dressing rooms and the North & South Hallways with current skaters occupying space at one end of the building (ie; 1 & 2 & SH) while skaters who are preparing to get on the ice use the dressing rooms at the other end (ie; 3 & 4 & NH). We will be limiting skaters to the recommend number of skaters per dressing room as outlined by the City of Penticton, with extra skaters beyond that capacity using the hallway as seating. The doors to the dressing rooms are to remain propped open at all times.

Our 1st & 2nd on-ice coaches will be using the Glengarry SC office located at the south end of McLaren Arena. As these two people are married and live together, there is no need for them to maintain a physical distance of 2m from one another. Our 3rd & 4th coaches will use chairs set up across from the GSC office in the South Hallway.

Spectators/Parents/Designated Adult

Spectators are now permitted in the building. All spectators must still wear a face mask while in the common areas of McLaren Park Arena.

Prompt Drop-off & Pick-up

Parents are being asked to respect all drop-off and pick-up times, and to wait outside the rink for their skater. Skaters will need to leave the building and wait for their parents outside (and unsupervised) if the parents are running late.

Face Coverings (referred to as 'Mask')

The Glengarry Skating Club Board of Directors has decided to require masks to be worn while inside McLaren Park Arena, in all areas other than while on the ice surface itself. (Dressing rooms, the main hallway, bleachers, bathrooms, lobby, etc.) This applies to all skaters, coaches, volunteers, or parents who enter the building. Masks can be made of any type of fabric that covers the mouth, nose & chin of the wearer. Examples:

- Standard white working dust mask (Rona)
- Surgical mask (Canadian Tire)
- Buff (Canadian Tire)
- Homemade fabric mask

Skaters in the Star Academy & StarSkate & CompetitiveSkate may remove their mask while on the ice surface. If a Coach requests that a skater wear a mask during private lesson time, the skater & Coach must both wear one. (Harness lessons as an example.) **The same goes for a skater. If a skater would like to wear their mask in a private lesson, and requests that a Coach wears one, the Coach must also wear one.**

The GSC Board of Directors understands that this step is above and beyond what is required from both Skate Canada BC/YK and the City of Penticton. In order to keep a safe environment for our employees, contracts, and clients, this is the decision that has been made.

Use of Restrooms

There are now no occupancy limits on the restrooms.

Dryland Classes

All Summer 2021 dryland classes will be taking place outside. Have your skater properly prepared for the weather. (Hat, sunscreen, water bottle, yoga mat or towel.)

Music Equipment

Only the 1st & 2nd coaches who are on ice are permitted to use the music equipment. As these two people are married and live together, there is no need for them to maintain a physical distance of 2m from one another, or to clean the equipment between users.

Screening

All skaters and coaches will be required to participate in a verbal Covid-19 screening each time they arrive at the arena for their session. Any person who seems to be ill, or who has been in contact with an ill person will be refused entry. This is as per the Skate Canada BC/YK & viaSport and the City of Penticton guidelines.

Flow of Users

The Glengarry SC is now no longer required to screen users or do contact tracing. This step will no longer be required upon entrance to McLaren Park Arena.

On-Ice Protocols

The following protocols will be put in place and managed by the coaches who are on the ice surface at McLaren Arena:

CanSkate sessions:

There will be no CanSkate sessions held during the Summer 2021 skating season.

Star Academy & StarSkate & CompetitiveSkate sessions:

1. Only a skaters' own water bottle may be brought to the ice. No other food or drink is permitted.
2. All used tissues MUST be disposed of immediately after use. We will ensure that there are garbage bins in each of the player benches that are accessible for the skaters.
3. Gloves MUST be worn at all times. We suggest that gloves are washed after each session when the skater returns home.
4. Skaters and coaches are recommended that a 2m distance is being kept while on the ice at all times.
5. Only the 1st & 2nd coaches may use the music equipment. Skaters are to request to a coach if they would like to skate their program, and the coach will use the equipment to select their music file.

GSC Group Lockers

The Glengarry SC group lockers located at the south end of the building will be available during this time. The key will be held by the C19 screener/dryland Coach. When the lockers need to be opened, skaters should speak with the Coach, and they will ensure good traffic flow, and open and lock the lockers, with skaters only handling their own bags.

Summary

The Glengarry Skating Club is committed to keeping our entire team safe during this time. Please remain flexible to our guidelines, as they may change as we follow directives that are issued by:

1. Skate Canada BC/YK
2. viaSport
3. City of Penticton

If you see an item that we can do better on, please let us know. We're happy to review the protocols that we have put into place, and adjust to improve.

Happy skating!